

## PREPARED FOODS (BALANCED MEAL)

- Chicken Fettuccine Alfredo (with broccoli)
- Salmon or Chicken Teriyaki Bowl
- General Tso's Chicken
- Spicy Tuna Don Bowl
- Organic grilled chicken Ceasar

*\*\*They also have separate just protein and salads or side of veggies if you prefer to mix and match*



## SALAD KITS

- Organic rainbow Salad
- Kale Quinoa Salad
- Beet Salad
- Kale ginger salad
- Greek salad

*\*To ADD protein, they have separate cooked protein such as grilled or flavored chicken, salmon, and beef*



## SNACKS KIT (SAVORY)

- Many variations of Italian cold cuts with cheese and crackers such as

- Calabrese/Asiago snack pack
- Genoa salami fontina

- Cedars-Snack pack with hummus Chips



## SNACKS (SWEETS/DESSERTS)

- The perfect bar snack size (Dark Choc chocolate chip)
- Chubby Snacks-Almond butter and grapes on whole wheat bread
- KIND protein breakfast bars
- BOBOs oats bites

